



Nationwide or Private Workshops

Procedures & Skills 101 and Suturing Essentials



Two days of procedures skills workshops designed by a doctoral prepared, OR Certified, Nurse Practitioner with over 20 years of surgical and procedural experience in a friendly, easy to learn environment. From students to new grads to those who just need a refresher, these courses gain you valuable skills without breaking the bank!

PRIMARY PROCEDURES POWER PACK: This AANP approved 8-hour CE Workshop provides you with a full day of important procedures performed by advanced providers. Not just the how, but the why on a variety of procedures including: knee aspirations, knee injections, shoulder injections, carpal tunnel injections, trigger point injections, I and D, nail avulsion and trephination, cryosurgery, cautery use, punch biopsies, and shave biopsies. **Price: \$479 single workshop**

SUTURING ESSENTIALS: This AANP approved 7.5-hour CE Workshop introduces you to the world of suturing. From the beginner to the more advanced who just needs a refresher, this workshop covers everything you need to be comfortable suturing, including instruments and a high-quality suture pad to take home! **Price: \$469 single workshop**

**bundle both workshops together to save \$100!*

For more details check out our webpage:

www.primaryprocedures.com

To reserve your seat, click:

[HERE](#)

Sample Schedules Below:

Contact bryan@primaryprocedures.com for more details or call/text 866-2SUTURE

(start times are approximate, please check specific venues)

PROCEDURES & SKILLS 101 WORKSHOP SAMPLE SCHEDULE

08:00-9:00 **Presentation:** *Joint Injection and Aspiration*
9:00-9:45 **Lab:** Instructor Guided Hands-on to Practice
9:45-10:00 **Break**
10:00-10:30 **Presentation:** Nail Avulsions (full and partial) with Ablation
10:30-11:00 **Lab:** Nail Lab
11:00-10:30 **Presentation:** Carpel Tunnel Injections
11:30-12:00 **Lab:** Carpel Tunnel Lab
12:00-12:30 **Lunch**
12:30-1:15 **Presentation:** Incision and Drainage
1:15-1:45 **Lab:** Practice I&D Techniques
1:45-2:15 **Presentation:** *Trigger Point Assessment and Injections*
2:15-2:40 **Lab:** Practice Assessment and Skills
2:40-2:55 **Break**
2:55-3:45 **Presentation:** *Destruction Methods (cryo, cautery, shave, punch)*
3:45-4:30 **Lab:** Destructions!
4:30-4:45 Clean-up and Evaluations

SUTURING ESSENTIALS WORKSHOP SAMPLE SCHEDULE

08:00-08:15 Welcome : Introductions
08:15-09:00 **Presentation:** *The Suturing Environment: More Than Tying a Knot, (Suture Materials and Supplies, Anesthetics, Sterile Environment, Wound Healing, Charting)*
09:00-09:15 Break
09:15-10:45 **Presentation:** *Suturing: The Basics: Simple Interrupted, Simple Running*
10:45-12:00 **Lab:** Instructor Guided Practice of Simple Interrupted and Running Sutures
12:00-12:30 Lunch
12:30-1:30 **Presentation:** *Suturing: Let's Get Advanced: Vertical Mattress, Horizontal Mattress, Buried Stitches*
1:30-3:45 **Lab:** Instructor Guided Practice of Vertical and Horizontal Mattress, Buried
(more advanced suturing techniques upon request)
3:45-4:00 Clean-up and Evaluations